



## **Camping 101: Oak Openings Family Camp-Out (Adults and 4+)**

*Friday, June 20th at 4PM through Saturday, June 21st at 10AM*

Curious about camping? Join us for an overnight experience just for families at beautiful Oak Openings Preserve Metropark. Make dinner over the campfire, play nature-themed games, explore the park on a guided night hike, and sleep under the stars. Wake up to birdsong and enjoy a continental breakfast before leaving camp with new Metroparks memories!

Fee: \$30 per guest. Tents, sleeping bags and sleeping pads available to borrow. Please indicate which items you need to borrow in the reservation system. Program fees include all equipment, camping permits, campfire dinner, and a light breakfast. Please pack additional snacks and food items if needed.

No camping experience necessary. All minors must be accompanied by an adult.

Backpacking and Camping 101 programs are low-cost programs intended to give new campers and backpackers a safe and successful overnight experience. If you have already attended a Backpacking 101 or Camping 101 overnight program, we encourage you to check out our other overnight experiences or attend the Metroparks Backpacking and Camping Club trips. If you have attended a 101 program in the past and you register for another 101 program, your registration will be moved to the waitlist and you will be welcome to join if the trip does not fill with new participants. Thank you for supporting Metroparks' overnight experiences and helping us make outdoor adventures available to all!

Because of the intense planning for this trip, 50% of the fee is considered a non-refundable deposit per the refund policy.

The following packet contains information and resources you need to prepare for the trip including the trip agenda, packing list, and food plan for the trip. Please feel free to reach out to your trip leader with any questions.

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## Tentative Schedule

This is the plan, however, it is subject to change due to unforeseen circumstances.

Friday	<ul style="list-style-type: none"> <li>• 4:00PM- Arrive at White Oak Campground</li> <li>• Setup camp</li> <li>• Prepare and eat dinner</li> <li>• Play nature games</li> <li>• Enjoy a night hike</li> </ul>
Saturday	<ul style="list-style-type: none"> <li>• Wake up</li> <li>• Breakfast</li> <li>• Pack up</li> <li>• 10:00AM – Part ways</li> </ul>

## Food Plan

Please bring a filled reusable water bottle.

We will provide:

- All dishes and silverware
- Drinking water
- Dinner – Pie iron pizza sandwiches, carrots and s'mores
- Breakfast - bagels, fruit, orange juice, and coffee for the adults

## Packing List

### Sleep system

- Tent (available to borrow)
- Sleeping bag (available to borrow)
- Sleep pad (available to borrow)
- Pillow

### Clothing

- 1 pair hiking shoes/boots
- Camp shoes (optional but recommended to let feet breathe)
- 2 pairs of socks
- 1 set of clean underwear per day
- Shirt and pants/shorts: synthetic dri-fit (athletic wear) highly recommended.
- Sleep Clothes – these are only for inside the tent. Depending on how cold or warm you sleep you may want a T-shirt/shorts or pants.
- Rain gear
- Fleece jacket

### Miscellaneous

- Headlamp or lightweight flashlight and extra batteries (available to borrow)
- Bandana/hankie
- Lip balm
- Toothbrush and toothpaste



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- Personal first aid items: Staff will have a full first aid kit, but we cannot administer medications. Please bring a small personal supply of ibuprofen, antacids such as Tums, Tylenol and aspirin should cover most inconveniences that may occur.
- Sun protection: hat with brim, sunscreen, light long sleeves, sunglasses
- Feminine hygiene items

## **Optional**

- Camera
- Note pad/pencil
- Whistle
- Watch
- Book

## **Frequently Asked Questions**

1. What if I am a beginner?
  - a. This is a beginner-friendly camping experience! We would love for your first time camping to happen at the Metroparks.
2. What will camping be like?
  - a. We will be camping at an established campground with flush toilets and running water.
  - b. There is electricity at the bathroom building, but not directly at our campsite.
  - c. There are picnic tables and trash cans and we will take all food garbage to the dumpster for the night.
3. What are the tents like?
  - a. There are four-person dome-style tents and two-person backpacking tents available to borrow.