



YOUR PRESCRIPTION TO THE PARKS

NATURE Rx

A Metroparks Toledo + Mercy Health Initiative



OUTDOOR DISCOVERY DAY

PRESENTED BY



MERCYHEALTH



Saturday MAY 16

12 to 4 p.m.

Side Cut Metropark
1025 W. River Rd., Maumee, OH

FREE Event

Fun for all ages and abilities. Enjoy music, food trucks, and a full day of connecting to the outdoors.

DISCOVER YOUR OUTDOOR PASSION



Canoeing



Kayaking



Archery



Accessible
Biking Zone



Tree
Climbing



Metroparks
Eco-Therapy

Get outside. Try something new.
Feel your best.

MORE INFORMATION:

MetroparksToledo.com/outdoor-discovery-day