

Week 1 Virtual Camp Sampler

(Ages 5-7)

MONDAY

Nature Journals: People keep journals to remind them of enjoyable times spent outdoors. Use this observations sheet to start your own journal this summer making nature observations at home or in a Metropark.

What do you Feel?



What do you Hear?



What do you See?



What do you Smell?



TUESDAY

Deer Ears: White-Tailed Deer have a good sense of hearing so they are better aware of any predators around them. Watch the video and learn how to mimic the shape of deer ears to amplify the sounds around you.

URL: <https://youtu.be/qbm2k6YgC5A>

WEDNESDAY

Deer Craft






Materials: Paper, Crayons/markers, Scissors, tape/glue and googly eyes (optional)

Directions: Trace your foot onto a darker piece of paper (or color it) for the deer head. Trace both hands onto a second pieces of paper that is lighter in color. Cut out all the pieces. Attach the hand cutouts at the heel of the foot. Give your deer a face with crayons or markers and googly eyes (optional).



THURSDAY

Nature Concert: Try and re-create some of the sounds you hear in nature with your body or by using things found around your home. Below are some examples to try but can you think of more?

NATURE SOUND	MATERIALS/ACTIONS
 <p>Wood Frog</p>	Blow up a balloon. Wet your fingers and move them against the balloon in a plucking motion (like you're playing a banjo or a guitar).
 <p>Western Chorus Frog</p>	Grab a plastic comb. Run your fingers over the teeth of the comb.
 <p>Insect</p>	Make buzzing or humming sounds or click together two metal lids from drink bottles.
 <p>Wind</p>	Blow air out through your mouth- fast and then slow.
 <p>Rain</p>	Pat your thighs – slow and then fast as it begins to rain harder.
 <p>American Robin</p>	Sing: “cheerily, cheer up, cheer up, cheerily, cheer up”
 <p>Blue Jay</p>	Chant: “jay, jay, jay, jay”

FRIDAY

Wildlife Tracks: We may not always see wildlife but we know they are there based on evidence they leave behind like their tracks. Try adding some animal tracks into the picture below.



If you look closely at the Sand Dunes of Oak Openings Preserve Metropark, you can find many different animal tracks. Complete the wildlife tracks by drawing them to the animal that made them. Add your own footprints, too.