

Week 3 Virtual Camp Sampler

(Ages 3-4)

MONDAY

Butterfly Puddler: Butterflies are easy to observe and identify! This is especially true if you provide them with things in their habitat that they like. You can make a butterfly puddler to provide them with water (butterflies cannot drink out of ponds or rivers).

Materials: plastic lid (like from a butter or coffee container), a few different size rocks and water

Directions: Find a sunny spot in your yard (butterflies need lots). Place the lid with the top down and arrange your rocks. Fill it with water but make sure you don't completely cover the rocks.



TUESDAY

Move like a Butterfly: Try using the movements below to discover how an egg becomes a butterfly through the process of metamorphosis.



Egg – curl up in a ball and pretend to hatch.



Caterpillar (butterfly larva) – crawl around and pretend to eat leaves.



Chrysalis (butterfly pupa) – stand with your hands over your head, palms together. Squirm around until you break free and crawl out to let your wings dry.



Butterfly – flap your wings and fly around. Pause to sip nectar or sun your wings on a puddling rock.

WEDNESDAY

Butterfly Craft

Materials:

Coffee filter or tissue paper

Chenille stem

Washable markers

Spray bottle with water

Directions:

1. Color your tissue paper or coffee filter with your markers however you would like.
2. Decorate your clothespin - you can draw a face or a fun pattern for your butterfly's body.
3. Use your spray bottle to spritz water onto your coffee filter until the colors start to run.
4. Pinch your tissue paper or coffee filter in the middle so it looks like a bowtie. Secure the pinched middle portion with a clothespin.
5. Use a chenille stem and wrap the middle around the top of your clothespin so the two ends stick up. Feel free to curl them however you want. These are your butterfly's antennae.



THURSDAY

Nature Journal: These are three flowers that butterflies really like. Use the space below to draw a picture of a flower you think a butterfly might like.



Butterfly weed



Black-eyed Susan



Purple coneflower



FRIDAY

To be a Butterfly: Learn about the parts of a butterfly with this rhyme sang to the tune of *Head, Shoulders, Knees and Toes*.

Head... Thorax, Abdomen

6 legs (hold up 6 fingers)

Head... Thorax, Abdomen

6 legs (hold up 6 fingers)

Eyes, antennae, eats with a Proboscis

Head... Thorax, Abdomen

6 legs (hold up 6 fingers)