



Zzzs in the Trees: Tree Climbing Overnight

Saturday, April 22nd at 7PM through Sunday, April 23rd at 10AM

Experience a fall overnight adventure in the canopy of our Oak Openings Preserve walnut tree named Old Faithful. This tree climbing opportunity offers participants the unique chance to slumber in a hammock in the treetop.

This Experience Includes

- Guided evening tree climbing with a naturalist.
- A campfire evening snack.
- Exclusive overnight access to the canopy of Old Faithful.
- A light breakfast Sunday morning, including coffee and tea.
- Unforgettable Metroparks Memories.

Fee: \$165 per guest. All climbing gear, hammocks, and headlamps are provided. Sleeping bags available upon request. Please indicate your interest in the registration system.

Because of the intense planning for this trip, 50% of the fee is considered a non-refundable deposit per the refund policy. If you need to cancel for any reason, please call Ashley Smith at 419-265-2920. Anyone who would like to cancel their trip due to concerns related to COVID-19 may do so with no financial penalty.

The following packet contains information and resources you need to prepare for this experience including the agenda and packing list. Please feel free to reach out to your trip leader with any additional questions.

Jake Willing: 419-277-0107 or Jake.Willing@MetroparksToledo.com



Meeting Location

Meet at the Buehner Center parking lot at Oak Openings Preserve Metropark on Saturday, October 7th at 5:00PM.

Tentative Schedule

This is our desired plan however it could be subject to minor changes.

Saturday, April 22	7:00 PM: Meet at Buehner Center Parking Lot Walk back to the tree Climb during the daylight hours to set hammocks up for sleep readiness Night Hike Evening Snack/Stargazing Night Climb – prepare for sleep
Sunday, April 23	8:00AM: Wake Belay down from tree Breakfast Trophy knot celebration

Food Plan

Metroparks will provide all food for a nighttime snack and breakfast. If you would like any additional snack items feel free to bring those. Staff will reach out as we approach the overnight to build a menu based on our group's dietary preferences.

Packing List

Backpack

- Help keep your items dry and condensed.

Sleep systems

- Metroparks will provide hammocks, bug nets, sleeping back, and optional sleep pads.
- Inflatable pillow (optional) or stuff a jacket into a stuff sack

Clothing

NO COTTON, PLEASE. Cotton does not insulate if it gets wet. Opt for synthetic materials such as nylon, polyester, spandex, or wool. Fleece is good.

- 1 pair closed toe shoes or boots (Tennis shoes/boots and the like work just fine)
- 1 pair socks.
- Wool sweater or down or fleece jacket for sleeping
- Wicking base layer (tops/bottoms): Optional but recommended
- Hat, gloves, buff (optional)

Camp Kitchen

- Metroparks will provide all utensils, cups, plates/bowls, etc.

Miscellaneous

- Metroparks will provide headlamps
- Bandana/hankie
- Toothbrush*
- Travel tube toothpaste* or baking soda in a small bottle
- Personal first aid items*: Staff will have a full first aid kit, but we cannot administer medications. Please bring a personal supply of your pain reducer of choice in case of sore muscles, headache, etc. (a small supply of ibuprofen, antacids such as Tums, Tylenol and aspirin should cover most inconveniences that may occur). Also include band-aids, antiseptic wipes.
- Sun protection: hat with brim, sunscreen*, long sleeves, sunglasses
- Feminine hygiene items*
- Hand sanitizer*
- Water bottles that add up to 1-2 liters.

Optional

- Camera
- Note pad/pencil
- Watch

Group gear

Group gear will be provided for you by Metroparks.

- Group first aid kit* provided (you still need to bring your own first aid basics listed above)

Frequently Asked Questions

1. Why all the info? This is overwhelming.
 - a. None of this information is intended to scare off potential participants but it is very important to make sure you have a full understanding of this trek. We are very excited about the planning and execution of this trip and hope to fulfill some tree climbing dreams!
2. What if I need to use the restroom in the middle of the night?
 - a. We give each guest a radio to keep in their hammock at night. Our certified tree climbing staff will be sleeping in the tree canopy as well as another staff member on the ground. Staff will keep their radios on while guests will keep their radios off. If you need to leave the tree for any reason, you can use the radio to reach staff on the ground or in the tree to safely guide you to the ground where we will have a portable toilet for you.